



Dusk-to-Dawn

**AN OVERNIGHT RESPITE
SERVICE FOR
CAREGIVERS OF
PERSONS WITH DEMENTIA**

ABOUT

Persons with dementia who experience sundowning may get more confused, anxious or agitated towards the late afternoon and evening. This could disrupt their sleep and that of their caregiver. Dusk-to-Dawn engages them overnight while giving their caregivers their much needed rest.

OPERATING HOURS

Monday - Friday 7pm - 8am
Sat, Sun & PH Closed

CONTACT

Email: dtd@stjh.org.sg
Phone: 6268 0482
Address: 36 Jurong West St 24
Singapore 648141

APPLICANTS MUST HAVE:

- A formal diagnosis of dementia
- Sleep difficulties at night e.g. difficulty falling asleep, having disrupted sleep, staying awake through the night etc.

DURING THE PROGRAMME:

Participants will get to engage in an array of activities and enjoy different relaxation spaces during the night

THE PROGRAMME WILL BE RUN BY:

Nurses who are trained to engage with persons with dementia

CAREGIVERS CAN USE THE SERVICE FOR:

Up to three times a week (Monday - Friday only) for as long as is needed

The service is unavailable nightly as it is meant to complement, not replace, the care that caregivers provide

HOW MUCH DOES IT COST?

\$60 per night (before GST)

Fee covers snacks, in-house activities and round trip transport (see below) but excludes medical consumables, supplements and diapers.

TRANSPORT IS PROVIDED ONLY TO/FROM:

Bukit Batok	Marsiling
Choa Chu Kang	Sembawang
Jurong East and West	Upper Bt Timah/Toh Tuck
Kranji	Woodlands

Transport places are limited so we may not be able to fulfil all requests



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APPLICATION PROCESS:

- Email us the name, age and gender of the persons with dementia, as well as the contact details of the caregiver / family member
- St Joseph's Home will contact you to arrange a meet-up to assess the suitability of the person with dementia
- Arrangements will be made for those eligible to enrol in the programme

ON YOUR FIRST VISIT, DO BRING:

- The discharge summary of the person with dementia (this is summary of the person's health condition provided by the hospital)
- Formal dementia diagnosis report of the person with dementia
- Medication of the person with dementia

THE FOLLOWING WILL NOT BE ACCEPTED:

- Persons without a formal diagnosis of dementia
- Those who are violent, verbally / physically abusive or cannot be managed by the staff



ST JOSEPH'S HOME
CATHOLIC WELFARE SERVICES