

PYJAMA Party Time!

17 Nov 2017

It might be a regular affair for kids and even teens. But a pyjama party for seniors? And in a nursing home?

Why not?

It'll be fun to have the little ones over in their PJs and to see how our folks take to games like water bombs and the company of more than 80 tweens from Xingnan Primary School.

And so we had our first PJ party on 17 Nov which saw the primary 4 and 5 pupils come decked out in their finest sleepwear (they don't do the old-style PJs anymore!) and getting lost in the excitement of The Mummy – our first game of the evening. Students had to select one among them to be the Queen or King and mummify this person with newspapers. The rest of them had to protect their Kings and Queens by forming human fortresses around them. Our elders were then given water 'bombs' to try and wet the Kings / Queens. It was messy, loud but ultimately fun for most seniors.



The students also lined up a few dance and skit items and took the residents to pose with blankets and pillows at their self-designed photo booth.





It was heartening to hear the kids say they learnt to be more patient and respectful at the end of the session. Some of them also saw for the first time how seniors in wheelchairs can also play such games and have fun.

We all had a blast!